



## Sandra "Cindy" Lee Loughman

July 28, 1941 - August 14, 2024

Sandra "Cindy" Lee Loughman, age 83, of Albia, IA, passed away on Wednesday, August 14, 2024, at the Monroe County Hospital in Albia.

Cindy was born on July 28, 1941, in Mankato, MN, to Claire and Margaret (Alexander) Bobzien. She grew up attending school and graduated from high school in Omaha, NE. She later attended Indian Hill Community College where she obtained a degree in Business. On June 13, 1964, she was united in marriage to Robert "Bob" Loughman in Omaha. Cindy and Bob had 3 children, Sherrie, Jeff, and Tim. Cindy and Bob were blessed with 60 years of marriage prior to her passing.

Cindy was an award-winning journalist with her column "In the Soup" running in the Albia newspaper as well as the Des Moines Register and Chicago and Omaha papers. She and her husband, Bob, ran the A & W Restaurant in Albia for 28 years. They also owned and operated Neva's Noodles for 27 years.

Cindy enjoyed traveling and was a food historian. She and Janet Jenkins studied under James Beard. She was a judge at the Iowa State Fair for many years and was called upon by Living History Farms to authenticate historical foods. Cindy enjoyed crafts and painting. She was extremely talented with quilting, was a member of the Crazy Quilters Guild, and won numerous awards over the years. She was an excellent cook, known for her apple pie,

among many other things. Cindy enjoyed spending time with her friends. Her family was everything to her and she cherished all the time spent with them.

Cindy is survived by her husband, Bob; 3 children, Sherrie Loughman-Begnell, Jeff (Jean) Loughman, and Tim Loughman; 10 grandchildren; and 9 great grandchildren. Cindy is also survived by several good friends.

Cindy is preceded in death by her parents, Claire and Margaret Bobzien and 2 brothers, Steve and Lowell.

A memorial service will be held at 1:00 p.m. on Saturday, August 24, 2024, at the Tharp Funeral Home in Albia, with Pastor John Sowers officiating.

Visitation will be held following the service from 2:00 p.m.-4:00 p.m. on Saturday, August 24, 2024, at the Tharp Funeral Home in Albia, with Cindy's family present to greet family and friends.

Hotel Information: A block of rooms has been reserved at the Indian Hills Inn, 100 Hwy 34 East, Albia, IA 52531.

# Previous Events

## Memorial Service

AUG **24**. 1:00 PM (CT)

Tharp Funeral Home  
116 Benton Ave.  
Albia, IA 52531  
(641) 932-3129  
<https://www.tharpfh.com/>

## Visitation

AUG **24**. 2:00 PM - 4:00 PM (CT)

Tharp Funeral Home  
116 Benton Ave.  
Albia, IA 52531  
(641) 932-3129  
<https://www.tharpfh.com/>

# Tribute Wall

BB

“ We were only neighbors for a short period of time. Always thought so much of her. I enjoyed stopping at the A&W when I was passing through for work. Sending thoughts and prayers to the family. Beth (Bunn) Battani

Beth (Bunn) Battani - September 27, 2024 at 03:23 PM

VF

“ Velma Reed Furlin lit a candle in memory of Sandra "Cindy" Lee Loughman



Velma Reed Furlin - August 24, 2024 at 02:38 PM

DR

“ I will forever hold in my heart that last short visit when Cindy popped out her front door to say Hi to Henry and I as we were walking by... “Well Henry look at how you’re growing” ... to which he replied, “I am a very tall boy”!! She and Bob had been gone a couple weeks and came home not feeling good, but they were excited to see Henry. He was in a hurry to get to Uma’s house, so our visit was only minutes long, but it is now a treasured moment in time!!! Cindy’s big beautiful smile and her joy in seeing Henry, just like the joy she found watching Lyndon, Caleb and Allyson growing up around her...those are gifts that we will cherish always!! Thank You for being such a bright light in our neighborhood and in our family!!! We will watch for signs from you!! ❤️❤️  
Debi Reed

Debi Reed - August 24, 2024 at 12:34 AM

DH

“ Dan Hunt planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sandra "Cindy" Lee Loughman.

Dan Hunt - August 22, 2024 at 10:18 PM



“ Strength & Solace Spray was purchased for the family of Sandra "Cindy" Lee Loughman.



August 22, 2024 at 10:18 PM



“ Country Basket Blooms was purchased for the family of Sandra "Cindy" Lee Loughman.



August 20, 2024 at 05:52 PM

CV

“ Cathy & Leon Veldhuizen planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Sandra "Cindy" Lee Loughman.

Cathy & Leon Veldhuizen - August 20, 2024 at 05:52 PM



“ Peaceful White Lilies Basket was purchased for the family of Sandra "Cindy" Lee Loughman.



August 19, 2024 at 11:01 AM



“ Sorry to hear of Cindy's passing. She was a nice person. Sympathy to all of her family

Linda Johnson - August 19, 2024 at 01:22 AM



“ Ardys McGrath lit a candle in memory of Sandra "Cindy" Lee Loughman



Ardys McGrath - August 17, 2024 at 10:39 PM



“ This is how I'll remember Cindy- laughing with her wicked sense of humor. She and Bob were so good to my parents and me, going back over 40 years.

My heart breaks for Sherry, Jeff, Tim and all your families. Cindy leaves a legacy of love and laughter.



Gretchen Jenkins Douglas - August 17, 2024 at 12:50 AM

MB

*So very sorry for your loss. A&W was my first job & I enjoyed working with Cindy, Bob, & Tim. One of my fondest memories as a teen along with the Christmas party for the employees. In most recent years she was part of the sewing sisters that included my aunts & mother in law Linda Chance. She always had a great smile & her laugh was contagious! She will be missed by many. 🙏❤️🙏*

---

**Marla Kay Bronson** - August 17, 2024 at 11:46 AM

MR

*I miss her so much already. We spent a lot of time together sewing, laughing, & eating. She was a wonderful friend & Always concerned about our family.*

---

**Margaret Rouse** - August 21, 2024 at 12:54 PM